

# Theme: Salvation



Image by St George's, Harrow



# Conversion of Heart



**Artwork:** The Bridge  
(Elizabeth Wang)

“I am the way,  
the truth and  
the life,” says  
the Lord. “No-  
one can come  
to the Father,  
except  
through me.”

(John 14:6)



# Suggested activities

- Create a piece of artwork (on this theme/Adoremus/ Bread of Life/Eucharistic Journey
- Attend Adoration as a class/phase/school
- Become familiar with the Divine Praises
- Write an Adoremus song/poem on this theme
- Write a prayer of worship to Jesus in the Blessed Sacrament



Image by St Margaret Clitherow, Brent





# Adoremus artwork



Image by  
St Margaret Clitherow,  
Brent



# Key dates

## Key dates:

The Most Holy Name of Jesus (3 Jan)

Epiphany (6 Jan)

Baptism of the Lord (13 Jan)

Presentation (2 Feb)

Christian Unity Week (18th -25th Jan)

World day of Sick and Day of the  
Unemployed (11 Feb)

Ash Wednesday (6 March)



Image by St Margaret Clitherow, Brent





# Key vocabulary



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Food  
spiritual  
nourishment  
sustenance  
everlasting  
bread  
body  
hunger  
conversion  
change



# Reflection

***It is there in His Eucharist that He says to me: "I thirst, thirst for your love, your sacrifices, your sufferings. I thirst for your happiness, for it was to save you that I came into the world, that I suffered and died on the Cross, and in order to console and strengthen you I left you the Eucharist. So you have there all My life, all My tenderness."***

***(Mother Mary of Jesus, foundress of the Sisters of Marie Reparatrice)***

