Mental Health and Wellbeing – A Whole School Approach

**Mentally Healthy Schools-** this charity provides a wide range of information, resources and support linked to mental health and well-being within school. The following links provide information to support the development of a whole school approach to mental health and wellbeing within your school:

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/learnmore/) for information on how to adopt a whole school approach to mental health and wellbeing within your school.

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/england/understanding-the-mental-health-landscape-in-england/) for information on the mental health landscape of England

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/england/mental-health-on-the-curriculum-in-england/) a brief guide to mental health on the school curriculum

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/england/mental-health-services-for-schools-in-england/) a brief guide to mental health services for schools in England

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/england/showcasing-activity-for-ofsted/) showcasing activity for OFSTED

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/parentcarer-engagement/) Parent/carer Engagement

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/childrens-voice/) Children’s Voice

[Click here](https://www.mentallyhealthyschools.org.uk/whole-school-approach/supporting-staff-wellbeing/) Supporting Staff Well-being

[Click here](https://www.mentallyhealthyschools.org.uk/mental-health-needs/rebuild-and-recover-resources/) Rebuild and recover resources to support children and staff after lockdown